

EDUCATION & TRAINING

- Balliol College, Oxford University (2006): **BA English Language and Literature (First Class Hons)**
- Central School of Speech and Drama (2007): **MA Movement Studies (Distinction)**
- The Laban Centre (2008): **Diploma in Dance Studies**
- **Professional Training in the Feldenkrais Method (four years):** Qualified Practitioner (2020)
- **Additional Training:** 1 Year training in Contact Improvisation at Tanzfabrik, Berlin (2019-2020) | 6 Months training in Body-Mind Centering® at Somatische Akademie Berlin (2019-2020) | National Theatre Studio Directors' Course (2010) | Lincoln Center Theater Directors' Lab, New York (2010) | Thomas Ostermeier Directors' Workshop at National Theatre of Scotland (2017)

WORK AS LEAD ARTIST

- **Move Me [365] & Move Me [Quarantine]** – MOVING DUST, Online Performance Project (2013 & 2020)
- **This Much** by John Fitzpatrick – MOVING DUST at Soho Theatre (2016); Ovalhouse; Zoo Venues, Edinburgh Fringe (2015)
- **Sometime's There's Light (sometimes there's dark)** – MOVING DUST at Ovalhouse & UK Tour (2014); The Place (2013)
- **The Box** – MOVING DUST at Bush Theatre (2013)
- **Acts of Passing** - Residency on Isle of Iona, Scotland (2013):
 - o **Departing From Self** – Performance & Installation (2013)
 - o **Brought From the Edge** – Interactive workshops & Installation (2013)
- **A Midsummer Night's Dream** - Cambridge Arts Theatre (2012)
- **The Playground Project** - Large-scale Performance Events by MOVING DUST at Greenbelt Festival (2010)
- **Half Man/Half Clam** – MOVING DUST at New Wolsey Theatre (2010); Arcola (2009)
- **Still Point** * - MOVING DUST at The Place (2010)
- **Borough Market** by Luke Norris - Camden People's Theatre; Pleasance Dome, Edinburgh Fringe (2008)
- **Towards The Void** – Laban (2008)
- **Not For Sale** – MOVING DUST at Camden People's Theatre; Pleasance Courtyard, Edinburgh Fringe (2007)
- **Chinese Takeaway** – The ICA; V&A Museum (2007)
- **Love's Labour's Lost** – OUDS / Thelma Holt Ltd at Metropolitan Art Centre, Tokyo & UK Tour (2006)

WORK AS ASSOCIATE DIRECTOR

- **XOX** dir. Fauve Alice – In development: Cambridge Junction (Associate Director – Movement, 2019/20)
- **Tamed** dir. Sarah Calver – In development: Southwark Playhouse/Dance East (Associate Director – Movement, 2020)
- **The Hush** dir. Matthew Herbert & Ben Power – The National Theatre (Staff Director, 2013)
- **ESKA English Skies** dir. Struan Leslie – Queen Elizabeth Hall, Southbank Centre (Associate Director, 2012)
- **Matthew Herbert Big Band** dir. Struan Leslie – The Barbican; Glastonbury World Stage (Associate Director, 2009 & 2010)

WORK AS MOVEMENT DIRECTOR

- **England & Son** – Home, Manchester & Edinburgh Fringe Festival (2023) (Movement Consultant)
- **Taking the Stage** dir. Andrea Ferran – Ivano-Frankivsk Theatre, Ukraine, with British Council (2021) (Movement Director)
- **Macbeth** dir. Cressida Brown – Globe (2020) (Movement Consultant)
- **The Political History of Smack and Crack** by Ed Edwards – Offstage Theatre at Soho Theatre & UK Tour (2018 & 2020)
- **Automat** – Sky Arts Short Film (2019) (Movement Coach)
- **Roundabout Season 2016** – Roundabout Season UK Tour, Paines Plough (2016-17) (Movement Consultant)
- **Lungs, Our Teacher's A Troll, & The Initiate** - Roundabout Season UK Tour, Paines Plough (2014-15)
- **Dangerous Lady** adapted by Patrick Prior – Theatre Royal Stratford East (2012)
- **Royal Shakespeare Company: Resident Movement Practitioner** (2011)
 - o Production-based movement direction on: *The Homecoming* dir. David Farr; *Mojo* dir. Justin Audibert; *The Tempest* dir. Peter Glanville; *The Tempest* dir. Justin Audibert
 - o Additional company movement support for all productions in Stratford season 2011 (Including *Macbeth* dir. Michael Boyd; *Merchant of Venice* dir. Rupert Gould)
 - o Actor training & daily practice in collaboration with the voice & text department
 - o Lead RSC movement facilitator for workshops in regional venues for *RSC Open Stages*
 - o Planning and delivering a wide range of movement workshops for education, outreach, & events
- **Amphibians** by Steve Waters - R&D National Theatre Studio (2010); Offstage Theatre at The Bridewell (2011)
- **Lungs** by Duncan Macmillan - Paines Plough at Crucible Studio Theatre, Sheffield (2011)
- **2nd May 1997** by Jack Thorne – Nabokov at Bush Theatre & UK Tour (2009)

PUBLICATIONS & RESEARCH

- **AHRC Funded PhD:** *Rewilding Play: Somatic Improvisation, Performance, and Eco-consciousness* (current)
- **Research Workshops** for women on 'Negotiating Space' (current)
- **Research Workshops** on 'Embodying Happiness' (current)
- **Author** with Vanessa Ewan, *Laban's Efforts In Action: An Actor Movement Handbook* (pub. Bloomsbury, 2019)
- **Author** of 'Embodying Change' in *Wann Wenn Nicht Wir**, German XR handbook (pub. S.Fischer, 2019)
- **Research Workshops and Talks** on 'Embodying Disobedience' as part of events hosted by Sasha Waltz and Guests; Savvy Contemporary; Floating University; Making Futures; Body IQ Festival (Berlin, 2019)
- **Developmental Editor** for *Actor Movement* by Vanessa Ewan and Debbie Green (pub. Bloomsbury, 2015)
- **Author** with Struan Leslie for *The 360 Degree Body: A Summary of RSC Movement Practice* (2011)

FACILITATION, TEACHING, ACCESS, & OUTREACH

- **Co-Director and Co-Founder** of STUDIO SOMA (2020 onwards)
- **Movement Lecturer** at Shakespeare's Globe (2013-16)
- **Audition Panelist** at Royal Central School of Speech and Drama (2017/18)
- **Associate Practitioner** at Royal Shakespeare Company: **Director-Mentor for Learning Performance Network** (2012-13) incl. **Director** for Learning Performance Network's *OTHELLO* festival, Royal Shakespeare Theatre, Stratford-Upon-Avon (2012)
- Director & Choreographer for Youth Music Theatre UK (2010-11)
- Director for Urban Exchange Youth Theatre – *Flesh* at Westminster Abbey; Edinburgh Fringe Festival (2007)
- **Visiting lecturer** in Actor Movement at LAMDA, Royal Central School of Speech & Drama, Royal Conservatoire Scotland, Oxford School of Drama, Rose Bruford, UniArts Finland, AFDA Film School South Africa (2007 Onwards)